

THE FOUNTAIN

OFFICIAL PUBLICATION OF ROTARY CLUB OF CEBU FUENTE, DISTRICT 3860
CHARTERED OCTOBER 29, 1982

CHARTERED OCTOBER 29, 1982

VOLUME: 42, NO.: 12 DATE: NOVEMBER 13, 2023

41ST CHARTER ANNIVERSARY CELEBRATION



Cebu Fuente
Rotary
Club



CREATE HOPE
in the **WORLD**



GORDON R. MCINALY
Rotary International
President



ROZANNE TWINKLE GAMBOA
District Governor



EDWARD VINCENT ANG
District Secretary



ROSEL SUMAYO
Assistant Governor Area 1D



OFFICERS, DIRECTORS & ADVISERS RY 2023 - 2024



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President



JASON ONG
Vice-President



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Club Administration



KRISTOFFER LLEGUNAS
Director,
Assistant Club
Administration



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Director,
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Director, Community
Service



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Vocational Service



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POULY JANG
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International Service



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Director,
International Service



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Director, Public Image



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Protocol Officer



DR. MARICEL BORROME AMORES
Digital Transformation
Officer



ARCH. JOSEPH MICHAEL P. ESPINA
Diversity, Equity, and
Inclusion (DEI) Officer



PDG JOSEPH MICHAEL P. ESPINA
Adviser



PDG MARY ANNE A. SOLOMON
Adviser



PP RICHARD G. BARBA
Adviser



PP CONRADO M. ABARINTOS
Adviser



PP MA. CONSOLACION A. PASION
Adviser



PP MARIA CELINA B. AMORES
Adviser



PP EMMANUEL P. TESALONA
Adviser



ROSTER OF MEMBERS RY 2023 - 2024



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Nonlife Insurance



CONRADO M. ABARINTOS
Gov't. Customs - Finance



EMMAN REYAN C. ABAY-ABAY
LIC - Customs Brokerage



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Academe | Legal Services



ATTY. ERNESTO MIGUEL B. AMORES
Civil Service Commission
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Consultancy



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RICHARD G. BARBA
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Services



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Architecture | Planning



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Food Manufacturing



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Investment Advisor
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IT Saervices



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Resort Management



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DR. ALAIN O. SENERPIDA
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Supplies Trading



MARY ANNE ALCORDO SOLOMON
Outdoor Advertising | Signage
Design and Production



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Precious Metal Trading



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Roof Manufacturing



PATRICK L. YARED
Resto Bar Management



Programme



Hosted by:
DR. ALAIN SENERPIDA
Past President

INVOCATION

*O God our heavenly Father,
Creator and Preserver of all
humankind, we give you thanks
and praise for all your goodness
and mercy. We thank you for all
those who in all times have
been brave and true, for those
who served their country in her
hour of need, especially those
who gave even their lives.
Accept our gratitude and make
us, we beseech you, more
worthy of their supreme
sacrifice. May we devise our
Memorial Ways with the firm
foundation of an abiding faith
in you, that your kingdom may
come and your will be done.
Amen.*

...Fellowship Continues...



PART 1

Call to Order **JOSE MARIE PONCE**
President

Invocation **AUDIO VISUAL PRESENTATION**

Philippine Anthem **AUDIO VISUAL PRESENTATION**

The Rotary Hymn **AUDIO VISUAL PRESENTATION**

Four Way Test and
Objects of Rotary **KRISTOFFER LLEGUNAS**
Assistant Club Admin Director

Introduction of Rotarians |
Spouses, Visiting Rotarians |
Rotaractors | Guest **DR. ALAIN SENERPIDA**
Past President

PART 2

Business Matters

PART 3

Secretary's Report **PATRICK YARED**
Secretary

Director's Report **CLUB DIRECTORS**

President's Time **JOSE MARIE PONCE**
President

Other matters

Adjournment **JOSE MARIE PONCE**
President

Quote for the Week

"The healthiest response to life is joy." - Deepak Chopra

President's Message



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

Good evening, esteemed RCCF Rotarians,

Greetings to each and every one of you! As we gather for our 12th General Membership Meeting (GMM) on November 13, 2023, I am filled with pride and enthusiasm to address you as the President of the Rotary Club of Cebu Fuente for the Rotary Year 2023-2024.

Our upcoming GMM holds a special significance as it marks the commencement of our plans for the upcoming The Rotary Foundation (TRF) Night in Davao City. I am thrilled to share that we have already secured the attendance of distinguished individuals, including our esteemed Past Assistant Governor, Dr. Maricel Borromeo Amores, Past District Governor Mary Anne Alcorido Solomon, and our dedicated Vocational Director, Atty. Ernesto Miguel "Erl" Amores. Their presence will undoubtedly enhance the importance of this event.


The TRF Night is not only an occasion to celebrate our commitment to service but also an opportunity to recognize the outstanding contributions of individuals who have exemplified Rotary's ideals. This includes the awarding ceremonies for Past District Governors Riz Reyes(RY 2020-2021), Anna Bumagat (RY 2021-2022), and Lilo Aliño(RY 2022-2023), as well as the recognition of the TRF of our esteemed District Governor(RY 2023-2024), Twinkle Gamboa.

Adding to the grandeur of the evening, we will be honoring past presidents Emmie Tesalona, Atty. Bernz Amago, and Pouly Jang with prestigious awards. Their dedication and exemplary leadership have left an indelible mark on our club, and it is only fitting that we acknowledge their significant contributions.

I am particularly delighted to announce that Past President Jun Torres will be receiving his Major Donor pin, symbolizing his exceptional commitment to Rotary's humanitarian goals. Additionally, Atty. Erl Amores will be awarded his first Paul Harris Fellow (PHF), a well-deserved recognition for his unwavering support and dedication to our club.

A heartfelt thank you goes out to all our members who have diligently fulfilled their commitments by paying their TRF dues. Your contributions play a crucial role in sustaining our impactful projects and initiatives. I encourage those who are yet to complete their payments to do so by May, ensuring that we meet our collective obligation to The Rotary Foundation.

As we approach this multi-glamorous night of celebration, let us reflect on the core values of Rotary and the impact we can collectively make in our communities. I am confident that with your unwavering support, the TRF Night will be a resounding success, setting the stage for a year filled with service, fellowship, and lasting impact.


JOSE MARIE "JOMAR" PONCE

President, RY 2023-2024
Rotary Club of Cebu Fuente

Cebu Fuente
Rotary
Club



 **CREATE HOPE**
in the WORLD



From Secretary's Desk



PATRICK L. YARED
Secretary, RY 2023 - 2024

ATTENDANCE

	ROTARY ID #	LAST NAME	FIRST NAME	9th 09/27	10th 10/09	11th 10/29	12th 11/13
1.	6726464	Abad	Jose Alfonso				
2.	6581939	Abarintos	Conrado	✓			
3.	8794289	Abay-Abay	Emman Reyan				
4.	9330462	Amago IV	Atty. Bernardino	✓			
5.	11227470	Amores	Atty. Ernesto Miguel	✓	✓	✓	
6.	6218949	Amores	Maricel	✓	✓	✓	
7.		Andrino	Atty. Kristine				
8.	3362897	Barba	Richard			✓	
9.	6207695	Baring	Engr. Jesselito	✓		✓	
10.	10954392	Deiparine	Atty. Sydrick Jose Andrei			✓	
11.	11227514	Elendrino	Glenford			✓	
12.	2036342	Espina	Arch. Joseph Michael		✓	✓	
13.	5983997	Filipino	Rogelio				
14.	11614251	Gratones	Regie			✓	
15.	10411469	Icamen	Francis Edhilson	✓			
16.		Honrada	Archt. Jason	✓		✓	
17.	8944393	Jang	Pouly			✓	
18.	3516557	Karamihan	Dave John				
19.	8599266	Kaufmann	Marina				
20.	9804883	Llegunas	Kristoffer	✓	✓	✓	
21.	8794288	Lomanta	Atty. Lolita				
22.	10709899	Ong	Jason	✓	✓	✓	
23.		Papellero	Engr. Lowell		✓	✓	
24.	6726443	Pasion	Ma. Consolacion				
25.	10410040	Ponce	Jose Marie	✓	✓	✓	
26.	8599268	Rimaz	Ma. Dolores			✓	
27.	5476140	San Pedro	Luz Filipinas				
28.	8794286	Senerpida	Dr. Alain	✓		✓	
29.	11103868	Spaller	Herminia				
30.	3264107	Solomon	Mary Anne	✓			
31.	8543450	Sulay	Kendrick				
32.		Tan	Joshua				
33.	9330558	Tesalona	Emmanuel	✓	✓	✓	
34.	5176670	Torres	Arch. Manuel, Jr.	✓		✓	
35.	10410033	Yared	Patrick				
TOTAL ATTENDEES				14	8	17	

BIRTHDAYS

November 2
November 22

Sandra Espina
Marivic Barba

WEDDING ANNIVERSARY

November 18 Glen & Haile Elendrino





The road to peace

This month, Rotary takes a step toward supporting peacebuilding in the Middle East and North Africa region.

In November, Rotary and District 2420 are hosting a signing ceremony for our newest peace center in partnership with Bahçeşehir University in Istanbul.

The ceremony is the first in a series of events recognizing the new center at BAU and Rotary's work to promote peace. The 2024 Rotary International Convention in May will mark 25 years since the first Rotary Peace Centers were announced — coincidentally at the Rotary Convention in Singapore in 1999. Recruitment for the first cohort of Rotary Peace Fellows at BAU also starts in 2024, and selected candidates will begin their program in early 2025.

Since its beginning, the peace centers program has prepared more than 1,700 peace fellows working in more than 140 countries to create a more peaceful world. That is certainly worth celebrating, but Rotary Peace Fellows are more than statistics on a page. Their actions have helped *Create Hope in the World* and will continue to do so.

For example, Jennifer Montgomery and Goret Komurembe — peace fellows from the program at Makerere University in Uganda — are co-founders of Magenta Girls Initiative. The international nongovernmental organization equips Ugandan girls and young women with the support and tools to overcome harmful gender norms, generational poverty, gender-based violence, trafficking, and trauma.

Ndzi Divine Njamsi, another peace fellow who studied at Makerere, has taken lessons learned about

Positive Peace and is sharing them with students of his own in Cameroon. He became interested in the Rotary Positive Peace Activator training program after witnessing extremism, online hate speech, and violence in Cameroon. Since completing the program, he has brought his lessons on peace to students at the Yaoundé International Business School and other organizations in the Central Africa country.

The world needs more people like the graduates of the program at Makerere and our other peace fellows. To that end, we can all advance peace by encouraging our local peacebuilders to learn more about Rotary and apply for this impactful fellowship. Rotary members can also mentor candidates for the fellowship. Or you can work with peace fellows who have already graduated. They probably have an initiative or two that would benefit from your help.

Our peace centers in North America, Europe, Africa, Australia, and Asia depend on financial support as well. The program at BAU was made possible thanks to a generous gift of \$15.5 million to The Rotary Foundation from the Otto and Fran Walter Foundation.

This new Rotary Peace Center will offer a one-year professional development certificate in peace and development studies for fellows focusing on peacebuilding within the Middle East and North Africa region.

Peace must be waged persistently; it is the soil where hope takes root. But as with any journey, we take one step at a time. Let's take those steps together.

R. GORDON R. MCINALLY
President, Rotary International

PHOTOGRAPH: KEVIN SERNA



TRUSTEE CHAIR'S MESSAGE

The magnitude of our impact

This month, as we celebrate The Rotary Foundation, let's recognize it for what it is: one of the world's best humanitarian organizations.

Many charities, relief organizations, and nonprofits do the same type of work, and the public associates them with the causes they work on. But I wonder how many people know that Rotary supports those same causes — seven of them in fact — which we call our areas of focus.

If they want clean water, good health, and a sustainable future for our planet, they support what our Foundation does. If they envision a world where peace, full literacy, and economic opportunities for communities to support themselves exist, they also believe in Rotary's mission. And if they want to see mothers and their babies thrive, their vision aligns with the work we do.

And we have a lot of work in progress through the Foundation. Polio eradication is changing the world, one drop of vaccine at a time. Rotary Peace Centers are training peacebuilders to reduce violence and resolve conflict. And through Foundation global and district grants, we are improving lives in a real way.

The way we work also sets us apart. We have global reach, with more than 48,000 field offices in the form of Rotary and Rotaract clubs. We emphasize good

stewardship of your funds and efficient implementation of your projects. And we always aim for sustainable solutions.

During the 2022-23 Rotary year, the Foundation awarded 1,098 global grants. If you think of what a single grant can do, you begin to grasp the scale of our work and the magnitude of our impact — an impact people can see and feel in their daily lives.

Our district supported a global grant project that focused on basic education and literacy in Malawi, where we helped train 38 teachers who are responsible for 4,000 students. We also built two toilets and installed a pump, so they had water for drinking and hand washing.

I will never forget that when Esther and I visited the school, a young boy pointed to my Rotary pin, recognizing it from other volunteers who wore their pins during the project. He said, "I know you helped me. I won't be able to travel to thank the others who helped me, so please thank them for me."

So thank you, Rotary, on behalf of a child in Malawi whose future you made a little brighter, and on behalf of thousands of others you have helped by supporting The Rotary Foundation.

BARRY RASSIN
Foundation trustee chair

GENERAL OFFICERS OF ROTARY INTERNATIONAL, 2023-24

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South Queensferry, Scotland

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Stephanie A. Urchick
McMurray, Pennsylvania, USA

VICE PRESIDENT
Patricia Merryweather-Arges
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North Rockland (Haverstraw), New York, USA

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Muhammad Faiz Kidwai
Karachi Karsaz, Pakistan

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Enebakk, Norway

Anirudha Roy Chowdhury
Calcutta Mega City, India

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Okayama-South, Japan

Beth Stubbs
Maryville, Tennessee, USA

T.N. "Raju" Subramanian
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Yeong Ho Yun
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GENERAL SECRETARY
John Hewko
Kyiv, Ukraine

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East Nassau, Bahamas

CHAIR-ELECT
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Decatur, Alabama, USA

VICE CHAIR
Bharat S. Pandya
Borivli, India

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Chun-Wook Hyun
Seoul-Hansoo, Korea

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Holger Knaack
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Taipei Tungteh, Taiwan

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Aziz Memon
Karachi, Pakistan

Akira Miki
Himeji, Japan

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Evergreen, Colorado, USA

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San Nicolás de los Garza, Mexico

Dennis J. Shore
Hawthorn, Australia

GENERAL SECRETARY
John Hewko
Kyiv, Ukraine





District Governor's October Message

Dear Rotary Family,

My warm greetings to each member of our esteemed Rotary District 3860 during this particular month of November. It is a time when we come together to celebrate the incredible impact of our Rotary Foundation and honor the generosity of Rotarians who have been instrumental in making a positive difference in our communities and worldwide.

November holds a distinct significance as we pay tribute to the Rotary Foundation, the heartbeat of our collective efforts to do good. It is a month dedicated to recognizing the selfless contributions of Rotarians who have worked tirelessly to address pressing needs, uplift the underserved, and promote lasting change.

Last November 18 marked a particularly significant day in our Rotary calendar as we celebrated the Rotary Foundation. This occasion served as a moment of reflection, acknowledging our profound impact and renewing our commitment to Rotary's core values.

It is with profound gratitude that I extend my heartfelt thanks to all Rotarians who willingly give their contributions to the Rotary Foundation without hesitation. Your voluntary contributions are not merely financial transactions; they are powerful acts of kindness that echo across the world.

Your willingness to extend a helping hand without reservation exemplifies the essence of Rotary's motto — "Service Above Self".

In a world sometimes driven by self-interest, you stand as a shining example of what it means to be truly human — to recognize the needs of others and respond with open hearts. Your actions speak louder than words, creating a symphony of compassion, and it has fueled our projects, initiatives, and endeavors, creating a huge effect of positive change.

We have built schools, provided clean water, supported healthcare, and more. But the need is still great, and countless more lives await to be touched. Our actions are a testament to the belief that the true measure of wealth lies in what we can give, not just in material possessions but in the richness of compassion and empathy.

To all Rotarians who don't merely count the cost but willingly share their blessings, Thank You. They are a gift of hope, a promise of a better tomorrow for those who may have lost sight of it. May your generosity continue to inspire, and may your shared treasures multiply in the hearts and lives of those you touch. Thank you!

ROZANNE TWINKLE C. GAMBOA
District Governor, RY 2023-2024
Rotary International District 3860



SERVICE ABOVE SELF



THE FOUR-WAY TEST

Of the things we think, say, or do:

- 1.) Is it the truth?
- 2.) Is it fair to all concerned?
- 3.) Will it build goodwill and better friendships?
- 4.) Will it be beneficial to all concerned?

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service;

SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

ROTARIAN CODE OF CONDUCT

The following code of conduct has been adopted for the use of Rotarians:

As a Rotarian, I will

- 1.) Act with integrity and high ethical standards in my personal and professional life
- 2.) Deal fairly with others and treat them and their occupations with respect
- 3.) Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- 4.) Avoid behavior that reflects adversely on Rotary or other Rotarians
- 5.) Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.



CREATE HOPE in the WORLD

When we nurture peace, opportunities,
and one another, we help heal the
world and create lasting change.

Let's create hope by:

- Confronting stigmas, expanding access, and raising awareness about the importance of mental health
- Fostering understanding and strengthening connections through virtual exchanges
- Unlocking the power of girls and women around the world



Learn more at
rotary.org/initiatives23-24

Hope Creating Theme Song

Where Hope is Planted

Lyrics by: Cathy Azanza-Dy
 Music by: Joel Balsamo
 Arrangement by: TJ Ramos
 Sung by: Poppert Bernadas

1

Melody $\text{♩} = 88$ B *mp*
 Look and you'll find. How you can

Piano $\text{♩} = 88$ *mp*
 $\text{B}(\text{add}2)$ $\text{E}(\text{add}2)/\text{B}$

4 $\text{B}/\text{D}\sharp$ $\text{E}(\text{add}2)$
 serve our land If truth is left behind, will you make a stand? Days will be bright, when the

8 $\text{D}\sharp(\text{sus}4)$ $\text{D}\sharp/\text{F}\sharp$ $\text{G}\sharp\text{m}(\text{add}2)$ G $\text{F}\sharp(\text{sus}4)$ $\text{F}\sharp$
 walls between us fall We will brave the darkest night. Hear us sound the call.

A
 12 $\text{E}(\text{add}2)$ $\text{B}\text{maj}7/\text{D}\sharp$ $\text{C}\sharp\text{m}7(\text{add}2)$ $\text{C}\sharp\text{m}/\text{F}\sharp$ $\text{E}/\text{F}\sharp$ B $\text{B}\text{maj}7$ $\text{E}\text{maj}7$ $\text{E}\text{m}6$
 Turn the page, turn the tide, turn the world to face the light Through Ro-ta-ry, our

17 $\text{B}\text{maj}7/\text{D}\sharp$ $\text{G}\sharp\text{m}7$ $\text{B}9/\text{C}\sharp$ $\text{C}\sharp7(\text{add}2)$ $\text{F}\sharp(\text{sus}4)$ $\text{F}\sharp$ $\text{E}(\text{add}2)$ $\text{B}\text{maj}7/\text{D}\sharp$
 hopes fly high to where dreams touch the sky. Turn the page, turn the tide,

22 $\text{C}\sharp\text{m}7(\text{add}2)$ $\text{C}\sharp\text{m}/\text{F}\sharp$ $\text{E}/\text{F}\sharp$ $\text{E}\flat/\text{G}$ $\text{E}\flat$ $\text{E}\text{maj}7$ $\text{E}\text{m}6$ $\text{B}\text{maj}7/\text{D}\sharp$ $\text{G}\sharp\text{m}7$
 turn the world to face the light Through Ro-ta-ry, we all will show. Where

2

26 $\text{C}\sharp\text{m}7$ $\text{B}\text{maj}7/\text{D}\sharp$ $\text{E}(\text{add}2)$ $\text{E}/\text{F}\sharp$ B $\text{E}9/\text{B}$
 hope is plant-ed, love is sure to grow.

B
 30 B $\text{B}/\text{D}\sharp$
mf Bat-tles may rage, Hi-ding the voi-ces of the small, We Ro-ta-rians rise as one Giv-ing

33 $\text{E}(\text{add}2)$ $\text{D}\sharp(\text{sus}4)$ $\text{D}\sharp/\text{F}\sharp$ $\text{G}\sharp\text{m}(\text{add}2)$
 strength and peace to all. Hearts are a-blaze, Spread-ing joy when all seems lost Draw-ing

C
 36 G $\text{F}\sharp(\text{sus}4)$ $\text{F}\sharp$ $\text{E}(\text{add}2)$
 cour-age from each o-ther For what mat-ters is the cause. Turn the page.

40 $\text{B}\text{maj}7/\text{D}\sharp$ $\text{C}\sharp\text{m}7(\text{add}2)$ $\text{C}\sharp\text{m}/\text{F}\sharp$ $\text{E}/\text{F}\sharp$ B $\text{B}\text{maj}7$ $\text{E}\text{maj}7$ $\text{E}\text{m}6$ $\text{B}\text{maj}7/\text{D}\sharp$ $\text{G}\sharp\text{m}7$
 turn the tide, turn the world to face the light Through Ro-ta-ry, our hopes fly high.

45 $\text{B}9/\text{C}\sharp$ $\text{C}\sharp7(\text{add}2)$ $\text{F}\sharp$ $\text{F}\sharp7$ $\text{E}(\text{add}2)$ $\text{B}\text{maj}7/\text{D}\sharp$
 to where dreams touch the sky. Turn the page, turn the tide,

49 $\text{C}\sharp\text{m}7(\text{add}2)$ $\text{C}\sharp\text{m}/\text{F}\sharp$ $\text{E}/\text{F}\sharp$ $\text{E}\flat/\text{G}$ $\text{E}\flat$ $\text{E}\text{maj}7$ $\text{E}\text{m}6$ $\text{B}\text{maj}7/\text{D}\sharp$ $\text{G}\sharp\text{m}7$
 turn the world to face the light Through Ro-ta-ry, we all will show. Where

3

53 $\text{C}\sharp\text{m}7$ $\text{B}\text{maj}7/\text{D}\sharp$ $\text{E}(\text{add}2)$ $\text{E}/\text{F}\sharp$ G $\text{G}(\text{sus}4)$ $\text{D}\flat\text{m}/\text{G}$ $\text{G}9$ $\text{F}(\text{add}2)$ *f*
 hope is plant-ed, love is sure to grow. Turn the page.

58 $\text{C}\text{maj}7/\text{E}$ $\text{D}\flat\text{m}7(\text{add}2)$ $\text{D}\flat\text{m}/\text{G}$ F/G C $\text{C}\text{maj}7$ $\text{F}\text{maj}7$ $\text{F}\text{m}6$ $\text{C}\text{maj}7/\text{E}$ $\text{A}\text{m}7$
 turn the tide, turn the world to face the light Through Ro-ta-ry, our hopes fly high.

63 $\text{C}9/\text{D}$ $\text{D}7(\text{add}2)$ G $\text{G}7$ $\text{F}(\text{add}2)$ $\text{C}\text{maj}7/\text{E}$
 to where dreams touch the sky. Turn the page, turn the tide,

67 $\text{D}\flat\text{m}7(\text{add}2)$ $\text{D}\flat\text{m}/\text{G}$ F/G $\text{E}/\text{G}\sharp$ E $\text{F}\text{maj}7$ $\text{F}\text{m}6$ $\text{C}\text{maj}7/\text{E}$ $\text{A}\text{m}7$
 turn the world to face the light Through Ro-ta-ry, we all will show. Where

E
 71 $\text{D}\text{m}7$ $\text{C}\text{maj}7/\text{E}$ $\text{F}(\text{add}2)$ F/G $\text{E}/\text{G}\sharp$ $\text{B}\flat\text{m}$ $\text{B}\flat\text{m}(\text{maj}7)$ C/D $\text{D}9$ $\text{D}\text{m}7$ $\text{C}\text{maj}7/\text{E}$ F F/G
 hope is plant-ed, love is sure to grow. Where hope is plant-ed,

78 *rit.*
 love will al-ways grow.
rit.

fp

Completed on 11 March, 9:45 p.m. in Manila, PHILIPPINES

Rotary
District 3860



CREATE HOPE
in the **WORLD**

Save the Date

AWARDING CEREMONIES

FOR RY 2020-21, RY 2021-22 AND RY 2022-23

and

THE ROTARY FOUNDATION *Night*



November 18, 2023 | Acacia Hotel, Davao City

5:00 - 8:00 AM - Ride to End Polio | 9:00 - 12:00 PM - Club awarding for PDG Riz Reyes & PDG Anna Bumagat | 1:00 - 4:00 PM - Club awarding of PDG Lilu Aliño | 6:30 - 11:00 PM - TRF Awards Night
For inquiries, please contact Grants Sub-committee Chair Jose Fortunato "Chi" Uy, Rotary Club of Central Davao (Host Club)

REGISTRATION DETAILS

Rotarians, Spouse & Guests

Awards Only ₱ 1,500 (AM & PM) with Lunch & Snacks	₱ 1,500
TRF Night Only Dinner (Lechon & Fellowship)	₱ 2,000
Awards & TRF Night AM & PM Snacks, Lunch & Dinner (Lechon & Fellowship)	₱ 3,000

Rotaractors

Awards Only (AM & PM) with Lunch & Snacks	₱ 1,300
TRF Night Only Dinner (Lechon & Fellowship)	₱ 1,800
Awards & TRF Night AM & PM Snacks, Lunch & Dinner (Lechon & Fellowship)	₱ 2,600



People of action around the globe

By Brad Webber



United States

After a 2021 tornado and subsequent electrical fire damaged the African American Museum in Bowling Green, Kentucky, a Rotary club in the city acquired a \$10,000 disaster relief grant from District 6710 to help restore the museum. But “we didn’t just want to be handing out the check,” says Vickie Elrod, a past president of the Rotary Club of Bowling Green. “We wanted to get boots on the ground to get involved with the preservation of those artifacts.” About a dozen Rotarians attended workshops on archiving, and the club is assisting the museum in digitizing documents. They include records on Shake Rag, a once-vibrant district settled by former slaves and soldiers who fought for the Union in the Civil War. The financial assistance enabled the museum to work with a conservator on preserving its uniforms and other clothes. The museum reopened in August, and Rotarians continue to assist with cleaning damaged artifacts, pictures, and equipment.



16%

Estimate of the world's population with a significant disability



Jamaica

Advocates in Jamaica highlight a shortage of housing that meets the needs of people with limited mobility. The Rotary Club of Kingston funded a nearly \$23,000 refurbishment of Cheshire Village, a transitional housing facility associated with a rehabilitation center. “Rotarians were instrumental and involved in the three town halls we had with residents,” says Karsten Johnson, the club’s immediate past president. “Our plans were made based on their priorities.” The Kingston club, supported by donations from the Rotary Club of Naples North, Florida, raised the height of toilets and added support bars and railings along restroom walls. The club installed new kitchen cupboards, sinks, and faucets to improve accessibility for people who use wheelchairs. A first phase, to install six solar streetlights, was completed in February, with the retrofit finished in June.



300+

African American museums and related organizations in the U.S.

1 in 100

Children worldwide
with autism

Portugal

The Rotary Club of Almancil International takes an active approach in its mission to serve children, notably those with autism spectrum disorders or Down syndrome. Members sponsor activities including surfing lessons and animal therapy. In June the club unveiled a sensory room at a school to serve students ages 5 to 16. "The room is now complete, with state-of-the-art equipment including a soothing waterbed, music, and many sensory light and tactile objects," says club member Peter Hinze, who coordinated the project. "[It] can provide a sense of calm and help improve [students'] visual and auditory skills and help regulate their behavior." The project cost more than \$16,000. The club provided about \$5,000, with businesses and friends donating the remainder.


 Rotary
 Club of Almancil International



Belgium

The Rotary Club of Virton en Gaume organized two days of concerts to celebrate the 10th anniversary of the Coralpins Gaumais, a trio that plays the traditional alphorn, a wooden horn once used by shepherds in the Alps. More than 140 alphornists, flag throwers, and bell ringers in folk costume participated in the event in May. The event raised money for the club's charitable causes. The alphorn was the ideal instrument for harmoniously bringing together nature and the people who live in the region, says Jean-Marie Henin, a past club president. The club was inspired to put on the concert series after it organized visits by the Coralpins Gaumais to nursing homes and other care facilities during the COVID-19 pandemic.


 Rotary
 Club of Virton en Gaume

86 feet, 9 inches

World's longest alphorn



Sri Lanka

While sea turtles can live to be more than 100 years old, as few as 1 in 10,000 survive to adulthood, according to some experts. Five of the world's seven sea turtle species visit Sri Lanka, but poaching for food and shells, along with disruption caused by recreation, imperils the creatures. The Rotaract Club of CINEC at the Colombo International Nautical and Engineering College in Malabe organized a public webinar to raise awareness of the vulnerability of turtles, coral, and other sea life. Then in April the club offered the marine reptiles a leg up with an overnight operation to move turtle eggs out of harm's way. More than two dozen Rotaractors met at Rekawa Beach near Tangalle to help transport about 350 eggs to a conservation center for safe hatching. They worked by the light of cellophane-covered lamps to avoid disturbing the light-sensitive turtles. "We were shown by experts how to carefully dig around the nest to expose and collect the eggs," project chair Monalee Dissanayake says.

50 to 200

Sea turtle eggs per nest




 Rotaract
 Club of CINEC

A bright future for Singhpura School

By Jeeten Bhambari, president of the Rotary Club of Chandigarh Midtown, India



Members of the Rotary Club of Chandigarh Midtown pose in front of the new bathrooms they helped build at Singhpura School on the outskirts of town.

In a heartwarming celebration on India's Independence Day, I witnessed something truly remarkable. Singhpura School, nestled on the outskirts of Chandigarh, began a journey of transformation thanks to the dedicated efforts of members of the Rotary Club of Chandigarh Midtown.

The school had been operating with just two rooms and inadequate sanitation facilities. That day, 15 August 2023, marked a turning point.

In just 15 days, club members brought new, much-needed toilet facilities to the school. The transformation, led by our past president Ashok Puri, was swift and breathtaking.

What made the day even more special was the infectious enthusiasm of the students. They performed patriotic songs and vibrant dance routines, showcasing their unshakable spirit and unwavering determination. The joy on their faces was palpable, reflecting the hope that this day marked the beginning of a brighter, better-equipped future.

It wasn't just about dreams for the future, though – it was also a celebration of the present. The children enjoyed an array of refreshments, bringing smiles to their faces and a sense of camaraderie that was heartwarming to witness. This project is an ongoing journey. Our club took another step recently and began construction on new classrooms and a room for the principal and staff. It is expected to be completed within three months.

In that time the school will have gone from a place with considerable limitations to one poised for progress. The students now have access to the tools and environment they need to shape their destinies. It's a promise of a brighter future and a testament to what can be achieved when a community comes together with determination and heart. We eagerly await the next chapter in this incredible journey of transformation.

10-29-2023 11th RCCF GMM RY 2023 - 2024 41st Charter Anniversary Celebration



10-29-2023 11th RCCF GMM RY 2023 - 2024 41st Charter Anniversary Celebration





Giving Tuesday: 28 November

During this season of giving, remember
The Rotary Foundation as your charity of choice.
A donation to our Annual Fund helps strengthen
communities close to home and around the globe.

GIVE TODAY: my.rotary.org/giving-tuesday



#GIVINGTUESDAY

THE 2024 ROTARY INTERNATIONAL CONVENTION

SINGAPORE | 25-29 MAY 2024

**REGISTER AND PAY BY 15 DECEMBER 2023
BEFORE PRICES INCREASE**

**BUILDING IDEAS FROM HOPE.
SETTING COURSE TOWARD A BETTER FUTURE.
SHARING HOPE WITH THE WORLD.**

**Be a part of Rotary's biggest event of the year!
Register and pay by 15 December 2023 before prices increase.**



Register today at
convention.rotary.org





CALENDAR

November events

RUN WITH THE SUN

Event: Rising Sun Run

Host: Rotary Club of Sierra Vista Sunrise, Arizona

What it benefits: Local projects, scholarships, and youth programs

Date: 4 November

In its 11th year, this race takes place in the scenic foothills of the Huachuca Mountains in southeastern Arizona, starting at an elevation of 4,500 feet. Participants can register for a 1-mile fun run/walk, a 5K, or a half marathon. Last year's event drew 150 runners, a third of whom were military members stationed at nearby Fort Huachuca.

GOT TO TROT

Event: Tysons Turkey Trot

Host: Rotary Club of Tysons Corner, Virginia

What it benefits: Local and international charities

Date: 12 November

The club hopes to attract at least 200 runners for its pre-Thanksgiving 5K, which it launched four years ago to capitalize on the vibrancy of its growing community. Cash prizes are awarded to adults finishing in first, second, and third place, and the top runners under age 14 receive gift cards. Proceeds benefit charities that support children, older people, and those in crisis.

WHICH CRAFT?

Event: Fall Arts and Crafts Fair

Host: Rotary Club of Crestwood-Sunset Hills, Missouri

What it benefits: Local and international charities

Dates: 18-19 November

First held in 1982, this popular fair features the work of over 400 artisans,



DRIVE, SWING, PUTT

Event: Golf Tournament

Host: Rotary Club of St. Petersburg, Florida

What it benefits: Coins for Alzheimer's Research Trust

Date: 10 November

This tournament debuted in 2022 to raise money for the CART Fund for Alzheimer's research administered by Rotary districts. The event on the Tampa Bay waterfront features a round of golf as well as putting, longest-drive, and closest-to-the-pin contests. This year, a helicopter ball drop has been added. For \$10, participants can buy a ticket that corresponds to one of 1,000 golf balls that will be released from a helicopter onto the green. The winner is the ticket holder whose ball lands closest to the target hole.

from handmade crafts to photographs and paintings, providing an opportunity for early holiday shopping. Attendees are guaranteed to find one-of-a-kind goods, as each item for sale must be originally created by the seller or an immediate family member.

O TANNENBAUM

Event: Memorial Tree Lighting

Host: Rotary Club of Fleming County, Kentucky

What it benefits: Local charities

Date: 25 November

Dozens of Christmas trees lining the driveway of a local energy cooperative will light up at a ceremony that includes an appearance by Santa and Mrs. Claus. People in the community purchase and decorate the trees in advance to honor loved ones. Club members string white lights on each tree and plant

a sign next to it that displays the dedication. Visitors can enjoy the twinkling evergreens throughout the holiday season.

BAGS FULL OF FOOD

Event: Holiday Food Drive

Host: Rotary clubs of Westerville and Westerville Sunrise, Ohio

What it benefits: Westerville Area Resource Ministry

Dates: 25 November-2 December

For this food drive, volunteers drop off empty bags at thousands of Westerville homes on Saturday, 25 November, then return the following Saturday to collect bags filled with donations to the Westerville Area Resource Ministry food pantry. The drive originated two decades ago as a project of a local Rotaract club. Grocery chain Kroger has sponsored the event since it started.





HANDBOOK

Be an ally

How can you support mental health and well-being? Here are some tips.

STRIVE TO

Invest in intentional, meaningful relationships that build a sense of belonging.

Learn the signs and symptoms of mental illness to increase your own knowledge and help you raise awareness.

Discuss the importance of self-care and share examples that may resonate with others. Use wording that challenges stereotypes or myths and makes it clear that mental health issues are only one part of who someone is.

Learn what professional mental health resources are available in your area or nation and share them as appropriate.

Be an active listener. Give people your full attention and be aware of your body language. For example, try to sit up straight and make eye contact. Acknowledge what the person is telling you.

Validate what people say and be empathetic. This could mean saying, "I appreciate that you are sharing this with me" or "It must have been difficult to talk about this."

Ask open-ended questions, such as, "What was that like for you?" or "How did that make you feel?" Doing so gives people an opportunity to share without judgment.

Use appropriate language that focuses on the person, not the mental health issue. For example, say, "She has depression" rather than "She's depressed." Use evidence-based wording in line with professional practice.

Be a mental health ally. In this role, you can support someone and offer resources or direct the person to professionals as appropriate.

Find out more in the Prioritizing Mental Health brochure, which has information about Rotary International President Gordon McInally's mental health initiative and ideas for how your club and district can get involved. Download it at rotary.org/initiatives23-24.

AVOID

Trying to have a conversation about a difficult topic in a space that doesn't offer privacy.

Dismissing mentions of uneasiness or sadness. Instead, use them as opportunities to engage in further discussion.

Advising a specific intervention or solution when you discuss a mental health issue. Leave this to professionals with expertise.

Offering unsolicited advice, no matter how well-intended. Someone might want to share without seeking solutions.

Engaging in comparisons. Sharing personal experiences can be a powerful way to connect, but everyone's situation is different. Make sure to recognize the other person's experience.

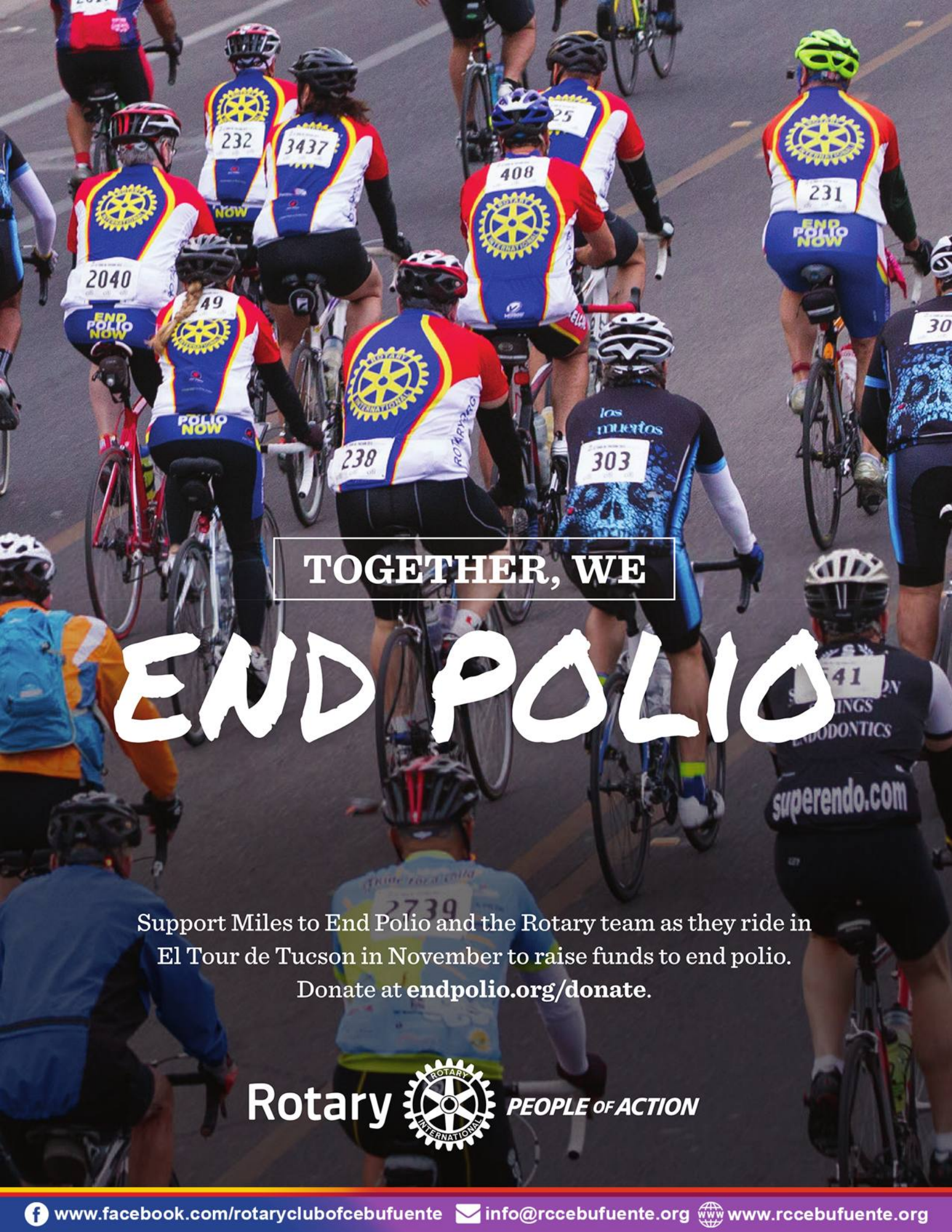
Minimizing what someone is experiencing by using language such as, "It could always be worse" or something similar.

Invalidating the feelings that someone shares with you, such as by saying, "You're overreacting" or "You'll be fine."

Using language that labels or stigmatizes someone, such as describing people or situations as "crazy" or "insane."

Trying to fix everything for someone who confides in you or asks for support. Seek out resources and be an ally for the person.





TOGETHER, WE

END POLIO

Support Miles to End Polio and the Rotary team as they ride in El Tour de Tucson in November to raise funds to end polio.

Donate at endpolio.org/donate.

Rotary



PEOPLE OF ACTION



Cebu Fuente
Rotary
Club



100% PAUL HARRIS CLUB
in Rotary International
District 3860
for RY 2016 - 2017



19th APRRC Breakout Session

Public Image and Branding Workshop

November 3, 2023
Seoul Dragon City,
Seoul, South Korea

Past President JN. Vianney Dagandan was one of the panelists in the breakout session where they talked and shared discussions about how public image and branding influence your club, and more.



The Asia Pacific Regional Rotaract Conference (APRRC) is a regional Rotaract event organized annually to cultivate the leadership skills of Rotaractors, provide a platform for ideas and cultural exchanges, as well as promote fellowship and service project collaboration.



**Invite someone to become a
Rotarian today.
Join Leaders
Exchange Ideas
Take Action**

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Club



Spread the Word!